

Nursery Autumn Topic

September 2020

Dear Parents and Carers,

*Our topic this half term is **Ourselves**.*

The children will be learning about themselves, their bodies, feelings, emotions and friendships.

We will focus on

Prime Areas:

Personal, Social and Emotional Development

A sense of belonging to different settings. We aim to develop self-confidence and self-esteem. Developing social skills.

Physical development

Using and moving our bodies in different ways. Learning simple self-care skills. Using a range of large and small equipment.

Communication and Language

Talking to others and listening to each other. Following simple instructions. Making sounds with our voices.

Specific Areas:

Literacy

Listening to stories and rhymes and sharing books. Exploring different ways of mark-making.

Mathematics

Sorting and counting using a variety of objects. Building with bricks. Playing with shapes. Filling and emptying containers.

Understanding the World

Naming parts of the body and talking about how we use them and look after them. Using simple ICT.

Expressive Arts and Design

Using our body parts to create paintings, collages and portraits. We will learn action rhymes and songs. Developing our imaginations through role play and small world play.

Helping your child at home

- Talk about themselves and their family and Nursery.
- Encourage them to play with pencils and pens.
- Share stories and books.
- Sing rhymes and songs.
- Count a variety of objects...fingers and toes.
- Discuss what is good for our bodies i.e. sleep, hygiene and diet.

If you have any queries, please do not hesitate to ask

Yours sincerely

S. Wilkinson

J. Flynn

P. Naik